

Creighton Model FertilityCare

What typically happens if I suggest Creighton FertilityCare

Appointment for an Introductory Session is made: woman/couple meets with FertilityCare Practitioner (FCP) for an explanation of Creighton-Model FertilityCare and NaPro Technology



Follow-Up Session 1—4: four sessions, two weeks apart, covering early learning, charting patterns, etc... typically 2 cycles



If NO medical concerns arise:

Follow-up sessions are spread more than two weeks apart as woman/couple becomes autonomous (able to determine their times of fertility and infertility)



Long-term:

FCP available, return to center every 6-12 months, as needed

Cost:

Introductory Session	\$60.00
Follow-up Session	\$45.00

Benefits:

- lasts a lifetime;
- provides each woman with knowledge of her unique cycle for the maintenance of her health.



If medical concerns DO arise:*

FCP continues the follow-up schedule and makes a referral to a medical consultant

1. Referral can be made to a local Medical Consultant (a physician trained in NaPro Technology)

~ OR ~

2. Referral can be made *directly* to Dr. Thomas Hilgers at the Pope Paul VI Institute—especially helpful if couple is infertile. NaPro's success rate for treating infertility is 80% whereas IVF's success rate is only 32%.

* *Most insurance plans cover local physician visits and Pope Paul VI Institute. Participants are encouraged to check with their providers.*