




The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. **NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-435-5694 or visit us at [www.pbaclaims.com](http://www.pbaclaims.com). For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at [www.healthcare.gov/sbc-glossary/](http://www.healthcare.gov/sbc-glossary/) or call 1-800-435-5694 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall <u>deductible</u>?</b>	The calendar year <u>deductible</u> is <b>\$1,000</b> . Prescription drug <u>copayments</u> don't apply to the <u>deductible</u> .	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay.
<b>Are there services covered before you meet your <u>deductible</u>?</b>	Yes, the following services are covered before you meet your <u>deductible</u> : preventive care, diabetic supplies purchased from Direct Healthcare, prescription drugs, hearing aids, and vision.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
<b>Are there other <u>deductibles</u> for specific services?</b>	Yes, there is a separate <b>\$50</b> calendar year <u>deductible</u> for dental care.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
<b>What is the <u>out-of-pocket limit</u> for this <u>plan</u>?</b>	The calendar year <u>out-of-pocket limit</u> is met after your <u>coinsurance</u> is applied to <b>\$15,000</b> of Eligible Expenses.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services.
<b>What is not included in the <u>out-of-pocket limit</u>?</b>	<u>Deductibles</u> , <u>copayments</u> , <u>coinsurance</u> for hearing aids, routine colorectal cancer screenings, and benefits payable at 50% if case management participation is declined, <u>premiums</u> , <u>balance-billing</u> charges, and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
<b>Will you pay less if you use a <u>network provider</u>?</b>	Yes. For a list of network providers visit <a href="http://www.bcbsil.com">www.bcbsil.com</a> or call (800) 810-2583	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the plan's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
<b>Do you need a <u>referral</u> to see a <u>specialist</u>?</b>	No.	You can see the <u>specialist</u> you choose without a referral.

 All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	
<b>If you visit a health care provider's office or clinic</b>	Primary care visit to treat an injury or illness	15% <u>coinsurance</u>	20% <u>coinsurance</u>	Maximum Benefit: Chiropractor: \$1,000 / calendar year Naprathopathy: \$1,000 / calendar year
	<u>Specialist visit</u>	15% <u>coinsurance</u>	20% <u>coinsurance</u>	
	<u>Preventive care/screening/immunization</u>	No charge for the first \$250 of expenses for routine physicals, related tests, and immunizations, then <u>deductible</u> and: PPO Providers: 15% <u>coinsurance</u> Non-PPO Providers: 20% <u>coinsurance</u> No charge (no <u>deductible</u> ) for an annual prostate exam and PSA test (age 40+). 50% <u>coinsurance</u> for colonoscopy and fecal blood tests		The \$250 annual maximum is per calendar year and is combined for PPO and Non-PPO providers. Benefits for a colonoscopy are limited to 1 every 24 months; 1 fecal occult blood test per year.
<b>If you have a test</b>	<u>Diagnostic test</u> (x-ray, blood work)	15% <u>coinsurance</u>	20% <u>coinsurance</u>	————none————
	Imaging (CT/PET scans, MRIs)	15% <u>coinsurance</u>	20% <u>coinsurance</u>	————none————
<b>If you need drugs to treat your illness or condition</b> More information about <b>prescription drug coverage</b> is available at (800) 325-1404 <a href="http://www.myCigna.com">www.myCigna.com</a>	Generic drugs	\$20 <u>copay</u> /prescription (no <u>deductible</u> )		Limits: 30-day supply (short-term acute care) 90-day supply (maintenance drugs) Maintenance drugs may be filled at a retail Network pharmacy or through mail order. Annual Flu Shots: \$20 copay Limit: 30-day supply
	Preferred brand drugs	\$35 <u>copay</u> /prescription (no <u>deductible</u> )		
	Non-preferred brand drugs	\$50 <u>copay</u> /prescription (no <u>deductible</u> )		
	<u>Specialty drugs</u>	\$100 <u>copay</u> /prescription (no <u>deductible</u> )		
<b>If you have outpatient surgery</b>	Facility fee (ambulatory surgery center)	15% <u>coinsurance</u>	20% <u>coinsurance</u>	————none————
	Physician/surgeon fees	15% <u>coinsurance</u>	20% <u>coinsurance</u>	————none————
<b>If you need immediate medical attention</b>	<u>Emergency room care</u>	15% <u>coinsurance</u>	Same as PPO	————none————
	<u>Emergency medical transportation</u>	15% <u>coinsurance</u>	Same as PPO	————none————
	<u>Urgent care</u>	15% <u>coinsurance</u>	20% <u>coinsurance</u>	————none————

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	
If you have a hospital stay	Facility fee (e.g., hospital room)	10% <u>coinsurance</u>	20% <u>coinsurance</u>	<u>Preauthorization</u> is required.
	Physician/surgeon fees	15% <u>coinsurance</u>	20% <u>coinsurance</u>	————none————
If you need mental health, behavioral health, or substance abuse services	Outpatient services	15% <u>coinsurance</u>	20% <u>coinsurance</u>	————none————
	Inpatient services	10% <u>coinsurance</u>	20% <u>coinsurance</u>	<u>Preauthorization</u> is required.
If you are pregnant	Office visits/ Childbirth/delivery	Not Applicable	Not Applicable	————none————
If you need help recovering or have other special health needs	<u>Home health care</u>	15% <u>coinsurance</u>	20% <u>coinsurance</u>	————none————
	<u>Rehabilitation services</u>	15% <u>coinsurance</u>	20% <u>coinsurance</u>	————none————
	<u>Habilitation services</u>	15% <u>coinsurance</u>	20% <u>coinsurance</u>	————none————
	<u>Skilled nursing care</u>	15% <u>coinsurance</u>	20% <u>coinsurance</u>	<u>Preauthorization</u> is required for inpatient confinements.
	<u>Durable medical equipment</u>	15% <u>coinsurance</u>	20% <u>coinsurance</u>	Your cost for diabetic supplies purchased from Direct Healthcare: \$20 copay (no <u>deductible</u> ) / test strips; 20% <u>coinsurance</u> (no <u>deductible</u> ) / insulin pump and supplies; 20% <u>coinsurance</u> / contracted supplies
	<u>Hospice services</u>	10% <u>coinsurance</u> (inpatient) 15% <u>coinsurance</u> (outpatient)	20% <u>coinsurance</u>	Bereavement counseling: \$500 maximum benefit per family.
If you need dental or eye care	Eye exam	No charge, no deductible; one per 23-month period		Maximum Benefit: \$40 per exam
	Glasses	No charge, no deductible; one per 23-month period		Maximum Benefit: \$115/contact lenses; \$80/frames; \$75/single vision lenses; \$95/bifocals; \$115/progressive lenses
	Dental check-up	No charge, no deductible; two per calendar year		Maximum Benefit: \$1,500/calendar year

## Excluded Services & Other Covered Services:

### Services Your Plan Generally Does NOT Cover (Check your plan document for more information and a list of any other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Routine foot care
- Weight loss programs (unless diagnosed BMI of 31 or greater, then \$500 max benefit for one qualified program)

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (performed by a physician)
- Chiropractic care (\$1,000 calendar year max)
- Dental care (\$1,500 calendar year maximum)
- Hearing aids (50% coinsurance, up to maximum benefit of \$2,500 every 3 years)
- Infertility treatment (Creighton Model)
- Private-duty nursing
- Routine eye care (see limits above)

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform) or the Department of Health and Human Services at 1-877-267-2323 x61565 or [www.cciio.cms.gov](http://www.cciio.cms.gov). Other coverage options may be available to you, too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit [www.HealthCare.gov](http://www.HealthCare.gov) or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: Professional Benefit Administrators, Inc., 900 Jorie Blvd. Suite 250; Oak Brook, IL 60523-3827 or 1-800-435-5694. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-435-5694.

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

## About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost-sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

### Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible \$1,000
- Specialist coinsurance 15%
- Hospital (facility) coinsurance 10%
- Other coinsurance 15%

**This EXAMPLE event includes services like:**

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
Diagnostic tests (*ultrasounds and blood work*)  
Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
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**In this example, Peg would pay:**

*Cost Sharing*

<u>Deductibles</u>	Not Applicable
<u>Copayments</u>	Not Applicable
<u>Coinsurance</u>	Not Applicable

*What isn't covered*

Limits or exclusions	Not Applicable
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<b>The total Peg would pay is</b>	<b>Not Applicable</b>
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### Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible \$1,000
- Specialist coinsurance 15%
- Hospital (facility) coinsurance 10%
- Other coinsurance 15%

**This EXAMPLE event includes services like:**

Primary care physician office visits (*including disease education*)  
Diagnostic tests (*blood work*)  
Prescription drugs  
Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
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**In this example, Joe would pay:**

*Cost Sharing*

<u>Deductibles</u>	\$1,000
<u>Copayments</u>	\$1,610
<u>Coinsurance</u>	\$20

*What isn't covered*

Limits or exclusions	\$0
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<b>The total Joe would pay is</b>	<b>\$2,630</b>
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### Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The plan's overall deductible \$1,000
- Specialist coinsurance 15%
- Hospital (facility) coinsurance 10%
- Other coinsurance 15%

**This EXAMPLE event includes services like:**

Emergency room care (*including medical supplies*)  
Diagnostic test (*x-ray*)  
Durable medical equipment (*crutches*)  
Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
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**In this example, Mia would pay:**

*Cost Sharing*

<u>Deductibles</u>	\$1,000
<u>Copayments</u>	\$5
<u>Coinsurance</u>	\$270

*What isn't covered*

Limits or exclusions	\$0
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<b>The total Mia would pay is</b>	<b>\$1,275</b>
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The plan would be responsible for the other costs of these EXAMPLE covered services.